

# John's Place

*"Come to me, all you who are weary and burdened, and I will give you rest."*

- Jesus of Nazareth Matthew 11:28



A Congregational Respite Ministry  
of

**Barnesville First United  
Methodist Church**

**375 Thomaston Street  
Barnesville, GA 30204**

**770-358-1494**

**Barnesvillefumc.org**

*Providing relief to caregivers of  
the elderly.*

BFUMC Congregational Respite Ministry

375 Thomaston Street

Barnesville, GA 30204

770-358-1494

respitefumc@yahoo.com

**I would like more information.**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City, State, Zip:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_

Please mail this form to BFUMC Respite Ministry,  
375 Thomaston Street, Barnesville, GA 30204.

The Congregational Respite Ministry of the First United Methodist Church of Barnesville has a place for you. Our mission is to meet the social and emotional needs of older adults as well as their caregivers. It provides activities and socialization opportunities outside the home in a safe and caring setting for older adults including those with mild to moderate memory loss. Spiritual growth, gardening, music, arts and crafts, and pet therapy are examples of our activities. Participants are assisted by trained and caring volunteers that will ensure your loved one has a positive and loving experience.



### Caregivers' Support Group

A support for caregivers meets the 4<sup>th</sup> Tuesday of every month, at 6:30 PM at The First United Methodist Church. The Support Group provides the opportunity to share questions and concerns with one another under the guidance of a counselor trained by the Alzheimer's Association.

*These ministries are inspired by the life of John Dolan and are dedicated to his loving family.*

### Daily Schedule

- 10:00am Participants arrive, Morning coffee and snack
- 10:30am Devotional
- 11:15am Morning exercises - body & mind
- 12:00pm Lunch
- 1:00pm Afternoon activities including armchair games, pet therapy, art, field trips & outside entertainment.
- 2:00pm Sing along and dancing
- 3:00pm Participants leave for home.



### Days and Hours of Operation

Tuesday and Thursday

10am - 3pm

Closed on major holidays

Cost: \$35 per day

### Admission Requirements

Requirements for admission may vary according to participants needs. Initial phone interview, followed by an onsite interview with the director.

A \$40 registration fee is due upon acceptance into the program.

### Staff Profile

Helen Sanderson, Director is trained by The Alzheimer's Association and certified in CPR/First Aid.

\*Volunteers have received onsite training and continuing education.

### Location

Barnesville First United Methodist Church  
375 Thomaston Street  
Barnesville, GA 30204

### Contact

Helen Sanderson  
Program Director

respitfumc@yahoo.com  
Barnesville, Ga. 30204  
770-358-1494